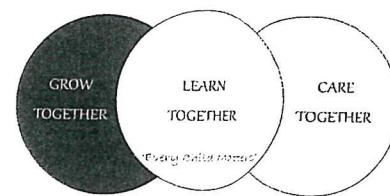




'Every Child Matters'

St Mary's High School Downpatrick

Principal: Ms R McLaughlin B.Ed MSc PQH(NI)



Celebrating 65 Years of Education
1957 - 2024

5th March 2024

RE: Year 13 Exam Preparation Workshop in De La Salle High School
Thursday 21st March 2024

Year 13 students are currently moving towards the end of their AS studies; completing coursework assessments and preparing for their formal external examinations.

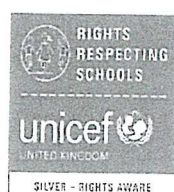
To support them St Mary's and De La Salle High School are working in partnership with HIP Psychology to provide a study workshop. This will equip students with practical strategies to help them gain a sense of both confidence and emotional control during their exam experience. This will also allow our Year 13 students to familiarise themselves with the De La Salle site in preparation for the start of the new academic year in Lecale Trinity Grammar.

All Year 13 students are expected to attend. They should make their way directly to De La Salle for registration. The workshop will last for approximately 90 minutes; after which students will return to St Mary's for the rest of the school day.

Yours sincerely

Mrs R Flynn

Head of Year



*Spirit of Catholic Education
Award 2022*

