



**Our steps are slow,  
Our breathing ragged,  
Our burdens heavy.  
This walk to the cross,  
It is not easy,  
Yet Christ walked it for us.  
For the joy  
that was set before him,  
He despised the shame,  
He bore our blame,  
And shared our pain,  
Now let us build on the rock,  
That is Christ.  
Let us walk the way of the cross  
together,  
Moving forward without fear,  
Into God's eternal purposes.  
For Christ himself is with us,  
every step of the way.  
Let us trust in God alone,  
And find the joy that Christ did,  
Obedience to our loving God.**

**(c) Christine Sine <http://godspace.wordpress.com>**

## Lenten Prayer

**GOD OF GOODNESS AND MERCY,**

**HEAR MY PRAYER AS I BEGIN THIS LENTEN JOURNEY WITH YOU.  
LET ME BE HONEST WITH MYSELF AS I LOOK INTO MY HEART AND SOUL,  
NOTICING THE TIMES I TURN AWAY FROM YOU. GUIDE ME AS I HUMBLY SEEK  
TO REPENT AND RETURN TO YOUR LOVE.**

**MAY HUMILITY GUIDE MY EFFORTS TO BE RECONCILED WITH YOU AND LIVE FOREVER  
IN YOUR ABUNDANT GRACE.**

**TRANSFORM ME THIS LENT, HEAVENLY FATHER. GIVE ME THE STRENGTH TO  
COMMIT MYSELF TO GROW CLOSER TO YOU EACH DAY.**

**AMEN.**



## DO IT ANYWAY – A LENTEN PRAYER BY MOTHER TERESA



The prayer below was found written on the wall of Mother Teresa's home for children in Calcutta. It seemed appropriate for this season of Lent:

People are often unreasonable, irrational, and self-centred.

Forgive them anyway.

If you are kind, people may accuse you of selfish, ulterior motives.

Be kind anyway.

If you are successful, you will win some unfaithful friends and some genuine enemies.

Succeed anyway.

If you are honest and sincere people may deceive you.

Be honest and sincere anyway.

What you spend years creating, others could destroy overnight.

Create anyway.

If you find serenity and happiness, some may be jealous.

Be happy anyway.

The good you do today, will often be forgotten.

Do good anyway.

Give the best you have, and it will never be enough.

Give your best anyway.

In the final analysis, it is between you and God.

It was never between you and them anyway.

**The second prayer is written by Mother Teresa and comes from the book No Greater Love.**

“We cannot find God in noise and agitation.

Nature: trees, flowers, and grass grow in silence.

The stars, the moon, and the sun move in silence.

What is essential is not what we say

but what God tells us and what He tells others through us.

In silence He listens to us;

in silence He speaks to our souls.

In silence we are granted

the privilege of listening to His voice.

Silence of our eyes.

Silence of our ears.

Silence of our mouths.

Silence of our minds.

...in the silence of the heart

God will speak.”